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*Club Bulletin*  
**Editor : Rajvi Bharad**  
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# ***GREATER***

**YEAR 2022/2023**

**THE TIMES**

WEEKLY NEWS LETTER OF ROTARY CLUB OF RAJKOT GREATER

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**RI. District : 3060 | Year : 2022 – 2023**  
**Club Number : 24912**  
**Chartered : August 26, 1987**

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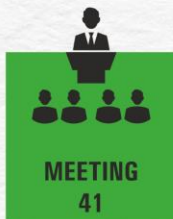
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**CIRCULAR 32**



Programme : Budget Meet  
Date : 13<sup>th</sup> May, Saturday  
Time : 08:00 pm  
Menu : Dinner  
Venue : D. P. Doshi Rotary Greater Auditorium  
Invitee : Rotarians and Anns



Programme : The Super Market Challenge  
Date : 21<sup>st</sup> May, Sunday  
Time : 09:00 am onwards  
Venue : To be Shared via Whatsapp  
Invitee : Rotarians, Anns and Annets



11 <sup>th</sup> May	: Ann. Nivetha Hrishit Amlani	9998685673
13 <sup>th</sup> May	: Rtn. Rahul Mehta	9824280304
15 <sup>th</sup> May	: Ann. Falguni Dharmesh Lakhani	9727705639
16 <sup>th</sup> May	: Rtn. Dr.Nidhi Bandish Jhala	9429550396
18 <sup>th</sup> May	: Rtn. Mihir Modi	8000788999
18 <sup>th</sup> May	: Rtn. Kushal Mehta	9924246620



13 <sup>th</sup> May	: Rtn. Dr.Hitesh and Ann. Meera Sapovadia	
	Rtn : 9825328595	Ann : 9925128595
13 <sup>th</sup> May	: Rtn. Rakeshkumar Vasani and Ann. Nikita Vasani	
	Rtn : 9825171101	Ann : 9638290850
13 <sup>th</sup> May	Mr. Jatin Panchasara and Rtn. Vishma	
	Rtn : 9979849922	Ann : 9979849920
14 <sup>th</sup> May	Rtn. Kamlesh Ambalia and Ann. Jayanaben	
	Rtn : 9426045880	Ann : 9909640520
17 <sup>th</sup> May	Rtn. Rakeshkumar Shah and Ann. Julie Shah	
	Rtn : 9824515306	Ann : 9723821138
20 <sup>th</sup> May	Rtn. Rajesh Parsana and Ann. Alpa Parsana	
	Rtn : 9825215003	Ann : 9712915003

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# UPCOMING Meetings

## Budget Meet

13<sup>th</sup> May, Saturday

With the **Rotary Year 2022-23** nearing the end, and the year **2023-24** kickstarting soon, it is time for a very **important meeting of RCRG, The Budget Meet**. The meeting will be conducted by **Rtn. Nilesh Bhojani** (Club President 2023-24), **Rtn. Jaydev Shah** (Hons. Secretary 2023-24) and **Rtn. Ashish Joshi** (Treasurer 2023-24), who will be discussing the **Budget for Rotary Club of Rajkot Greater for 2023-24** on **13<sup>th</sup> May, Saturday**. It will include important factors like **Fee Structure, Project Funds** in addition to the overall Budget. The new team will be excited to **discuss their vision** with all the members of RCRG, so let us get together to **hear them out** and **encourage them**.

## Super Market Challenge

21<sup>st</sup> May, Sunday

We all know that **Rtn. Apoorva Modi** and **Rtn. Ashini Modi** always bring something unique to **entertain the Greater Parivar**. This time the amazing couple are back with their famous **Super Market Challenge**. It will be a **"Shopping Spree"** for all of us, but as a part of Rotary we shall be doing it with a **noble purpose**. On **Sunday, 21<sup>st</sup> May**, the **teams registered** will have to **shop in a supermarket** while **solving the Clues** given within a **limited amount** and **limited time** only. The items we buy during the challenge will be given back to the supermarket and with the amount decided during the challenge we will purchase something that will be **than donated to the needy**. Let's make this huge by participating in large number. We are sure that some of you will get road rage just by pushing a shopping cart in a supermarket. The **Venue** and **Registration** details will be shared via **Whatsapp**.

Member Scrutiny/Devt Chair  
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PP Rtn. Darshan Lakhani

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Rtn. Manish Patel

Fundraising Chair  
PP Rtn. Amit Raja

The Rotary Foundation Chair  
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PP Rtn. Ashwin Lodhiya

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Rtn. Ishita Chhotai  
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Rtn. Dr. Nidhi Jhala  
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Rtn. Dhruv Kakkad

Interact Club Chair  
Rtn. Killoi Karia

Skin Bank Chair  
PP Rtn. Yash Rathod  
Rtn. Ravi Chhotai

District Conference Chair  
PP Rtn. Mehul Nathvani

## MEETING Review

## Fellowship Meet

On **6<sup>th</sup> May, Saturday**, Greater Parivar got to explore the **newest place** in town for an amazing **Fellowship Meeting** at **Chef Fatso**. With more than **140 members** it was an evening full of **Food** and **Fun** with **Family** and **Friends**. The café was a **beach themed café** nestled in the heart of the city,



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a place where the aroma of **freshly brewed coffee** will mingle with the sound of **laughter and conversation**. The menu was filled with **great food, freshly baked bread** made with care using only **the freshest of ingredients**. It is the **talk of the town** already, and who better to explore this **amazing place** and its **chill vibes** than with the **Greater Parivar**.

## PROJECT

## Review

### Mega Medical Camp

A **Mega Super Specialty Medical Camp** was conducted by **Rotary Club of Rajkot Greater** and **Gokul Hospital Rajkot** at **Gauridad** on **30<sup>th</sup> April, Sunday**. It was a **Free Diagnosis Medical Camp** for Various Diseases and Illnesses.

**Date:** 30<sup>th</sup> April, Sunday  
**Time:** 9:30am am to 12:30 pm  
**Venue:** Prathmik Shala Gauridad  
**Doctors Present:** 11  
**Names:** Dr. Tushar Bhatti, Dr. Naresh Sapariya, Dr. Hiren Vadhiya, Dr. Kalpesh Bajaniya, Dr. Urmila Patel, Dr. Vaibhav Hapliya, Dr. Miral Patel and team, Dr. Omdevsinh Gohil, Dr. Priyanshi Buvariya, Dr. Krupali Bhayani Bhalara and Dr. Jigar Patel

**Beneficiaries:** 250+  
**Inauguration by:** Team of Doctors  
**Members Present:** Rtn Apoorva Modi, Rtn. Nilesh Bhojani, Rtn Ravi Chhotai, Rtn. Rushit Nathwani, Rtn. Vimlesh Shah, Rtn. Dhruv Kakkad and Rtn. Navil Vaishnav





**RTN. BHAVESH MEHTA**  
Vice President

ONE MONTH  
ONE BOARD MEMBER

# One Project

## Public Image Project

One of the most **successful Public Image Projects** of **Rotary Club Of Rajkot Greater** was conducted between **25<sup>th</sup> to 27<sup>th</sup> April 2023**. Under this Project a total of **8 sessions** by well-known **Indian Diplomat and Ambassador Dr. Deepak Vohra** were conducted at **different institutes** in Rajkot city. He is currently the **special advisor to Indian prime minister Narendra Modi**. In all the sessions, the audience was held on to the edge of their seats throughout the 2 hours, as Dr Vohra shared **scintillating stories** from his **international experiences**.

## IN CONVERSATION WITH RTN. BHAVESH MEHTA

**Spouse Name :** Ann Parul Mehta      **Children's Names :** Annet Swayam Mehta

**Project Name:** Public Image Project: Sessions by Dr Deepak Vohra

- 1 What is your current Profession and what is the name of your Company?**  
I am heading Western Part of India in Largest Multinational Certification Body – TUV SUD. We are into Training, Certification, Testing, and Inspection.
- 2 What gives you life meaning?**  
Life is beautiful Gift of Almighty, and we are here on Earth to help with best of our capabilities.
- 3 Out of the positive emotions of compassion, positivity, enthusiasm, and initiative, which one is your biggest strength?**  
Initiatives.
- 4 What is the one skill that you wish to master in the coming years?**  
Knowledge Enhancement in one of the most needed topics - Sustainability.
- 5 What is a piece of advice that you would like to give to the younger generation?**  
Always be hungry for new learnings.
- 6 What could you give a 60-minute talk on with zero notice?**  
System and Process.
- 7 What big or small lifestyle change have you been meaning to make this year?**  
Wake up Early in the Morning.
- 8 What is the one thing that you always want to be remembered for?**  
Do your best without expecting results. You will always get what you deserve and there is no negative energy in universe stop to get what you really deserve.



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**9 Whose is the most dialed number on your phone presently?**

My wife and my all Teammates for them I am available 24 X 7

**10 Which previous RCRG project is close to your heart and why?**

Blood Donation Camps, Road Safety Awareness, Samvaad and Book Talks because when I came to Rajkot before couple of years, I felt Rajkot is very different that other cities. Here people have unique skills in many areas but are not focused professionally hence get stuck somewhere in their professional lives. From that day I felt the greatest contribution to the city is Knowledge sharing for new things to open the eyes in many aspects. Hence, when I joined the Rotary my key focus on such projects for the public which I always wish to continue in RCRG.

**11 Who is your biggest influence in RCRG and why?**

My Biggest influence is Rtn Bharat Hapani who was very eager and supportive to join me in RCRG family.

**12 If you could make one Rule in Rotary that everyone must follow, what would it be?**

Time Management.

**13 What is the one thing that you wish to achieve for RCRG this year?**

I wish RCRG shall work on unique social projects and will be part from conceptualization to execution in unique projects.



**ANN RACHNA PUNATAR**

## SOUL *Talk*



### The Rotary Wheel

A wheel has been the symbol of Rotary since earliest days. The first design was made (1905) by Chicago Rotarian Montague Bear, an engraver who drew a simple wagon wheel, with a few lines to show dust and motion. The wheel was said to illustrate "Civilization, Movement and Service work in action." Most of the early clubs had some form of wagon wheel on their publications and letterheads.

In 1922, it was decided that all Rotary clubs should adopt a single design as the exclusive emblem of Rotarians. So, the present gear wheel, with 24 teeth and six spokes was adopted by the "Rotary International Association." The gear teeth around the outside represent the fact that work is to be done. The six spokes represent the inner direction and path of our Vocational Service, through the representation of our membership via the classification system. Similarly, these same spokes represent an outward distribution path of Rotary's ideals of service and the Four Way Test, going out toward the community, vocations and businesses that our members represent.



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in 1923 the keyway was added to signify the wheel was a "worker and not an idler". The keyway in the centre of the hub is of great significance, because it represents the individual Rotarian member, who is the key factor in every club. Quality members are the keys, needed for the hub to engage with the shaft and turn, putting the energy into motion and creating the power for the gears to do their work.

At the 1929 Rotary International Convention, it was determined that blue and gold would be the official colours of the organization, so the wheel was designed with these colours. The four blue bands within the outer radius of the gear represent our four avenues of service. And the design which we now know was formally adopted as the official Rotary International emblem.

The Rotary wheel is also referred to as "**The Mark of Excellence**".

**FROM WHERE I**

*Stand*



## **Enjoy the little things in life!**

All of us have heard and said the following line at some point in our lives:

"I will be happy when..." I get into the top university. I get a government job. I find my soulmate. I get a promotion. I build my dream house. I take my parents for a world tour. Different people! Different aspirations! And while it is normal to await these momentous events, putting all your energy towards chasing them in search of happiness can make you skip past common yet significant parts of your day-to-day life.

We are constantly told by print media, social media, broadcast media and people around us that happiness comes from living a certain lifestyle, looking a certain way or by achieving certain things. But research shows that being rich doesn't guarantee happiness; having good looks doesn't guarantee good health; and being an over achiever doesn't guarantee success.

It is important that we stop chasing the hyped-up idea of happiness and become truly happy in our lives with the help of this simple yet powerful quote by Kurt Vonnegut

***"Enjoy the little things in life, for one day you'll look back and realise they were the big things."***

To enjoy and appreciate the little things in life means to focus your attention on what nurtures and sustains you in life and brings pleasure. Learn to ignore the moments that are annoying, frustrating or hurtful. Practice gratitude for things that are easy to miss or are taken for granted. By appreciating the small things in life, one cannot stop the bad things from happening. But over the time one learns to stop emphasising on those bad things, and focus on the good instead.

You may now ask, what exactly are these little things? It can be anything! Waking up early to enjoy the sunrise. A tiny flower in your garden. A compliment from a stranger. Enjoying a meal prepared by your loved one. Sipping a cup of tea while listening to your favourite music. Good hair day. Crazy laughter session with friends. A nice long chat with your family. Movie night with your spouse. Cuddles with your pet. Fixing something on your own. Getting extra hour in the bed. A baby waving at you. A long drive. Anything that puts even a tiny smile on your face.

There are days in everyone's life when nothing seems to go the right way. It is on days like these that appreciating the little things in life will shift your thoughts from what is missing in life to what is actually there and how significant it really is. It will create a positive loop in your mind feeding you the much-needed motivation making your stressful days seem more relaxed a lot happy. And positive mental health is what is needed to have a good physical health.



DR. MIRAL PATEL

# YOU Critic

## Tu Joothi Main Makkar



**Story:** Mickey (Ranbir Kapoor) is a rich Punjabi business magnate and secretly work as break-up consultants. He and best friend, Manu Dabbas travel to Spain where they meet Tinni (Shraddha Kapoor). Mickey and Tinni hook up and eventually fall in love with each other. Once the wedding preparation start Tinni has cold feet and contacts the break-up consultant on phone, not knowing that it is Mickey. Unaware that he is speaking with Tinni, he agrees to help but soon finds out that it is Tinni.

Mickey secretly tries to find out the reason for breaking up and finds out that Tinni does not want to live with his family after marriage. Knowing that Mickey loves his family dearly and not wanting to make him choose between her and his family, she wants to breakup with him. Mickey does not want to leave his family for her and breaks off the marriage.

They meet again and Tinni's foot is injured. Mickey along with his family care for her, which makes her realize the value of living together as a family. Later Tinni finds out that the breakup consultant was in fact Mickey. Before leaving for London, she confronts him and asks him why he did not try to sort out the matter. Mickey, along with his whole family rush to the airport to stop Tinni and reach her just as she is about to board the flight. They both get married and live happily together with the family.

**Positives:** The movie is a beautiful family drama that is woven into a love story. The movie doesn't try hard to amuse the audiences, and it just is a reflection of how present-day relationships are being affected. Pritam's songs are superb and make one vibe to the movie. The cameo by Pyar ka Punchnama fame Kartik Aryan and Nushratt Bharuccha will entertain and surprise the audience.

**Negatives:** The first hour is needlessly stretched. There are not one but many monologue conversations between the lead pair in the movie which become a bit irritating after a point in time.

**On the Whole:** It is an enjoyable rom-com that also has a fine amount of emotions. There are many crowd-pleasing moments, but the best part about the film is the underlying family drama. Ranbir and Shraddha are solid in their roles, and other artists nicely supported them.



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